

Instance	Rule	Exception
Dress Code	Identical shirts tucked in, with differing numbers. Shin pads and socks mandatory. No metal cleats, no jewelry. Only soft hair bands etc allowed.	As discretion of referee, some jewelry may be worn if taped and cannot harm anyone.
Seating	Parents and Players sit on opposite sides of the field. No-one is allowed behind the goals.	
Grace Period	15 minutes	
Game Sheet	Home Team hands it to referee no later than 10 minutes before game	
Minimum # of Players	7 players	U10, U8, U6 = 5 players
No Show	Minimum players of players not present at end of grace period takes loss	
Playing short	The other team can only play 1 more player than the other team	
Keeper Restart	Keeper (6 sec)	U6 = 6 sec rule does not apply
Substitution	Kick Off / Goal / Goal kick Injuries / Throw in (+ piggy back)	U6 = at referees discretion
Length of Game	U20: 2x 45 minute halves U16: 2x 40 minute halves U14: 2x 35 minute halves U12: 2x 30 minute halves U10: 2x 25 minute halves U8: 2x 25 minute halves U6: 2x 20 minute halves	U4 = coaches discretion
Half Time	5 minutes	
Completion of Game	Any game, where the 2 nd half has started, will be regarded complete, if it has to be stopped early	
Free Kick	players 10 yards from the ball	U6 & U8 = 6 yards U10 = 8 yards
Penalty Kick	12 yards from the goal line players 10 yards from the ball	U6 & U8 = 8 yards U10 = 10 yards
Off-Side		U4 & U6 = no off-sides
Ball Size	#5	U6 & U8 = #3 U10 = #4
Slide Tackles (= an attempt to take ball off other player, whereby both feet come off the ground)	Not permitted Restart through direct kick	Goalie w/i his 18 yard box
Thunderstorm Wait	10 minutes	